



## Preventive Services Increased coverage is a good thing

### New preventive health care services for our members

Arise Health Plan recently reviewed our coverage of preventive health care services based on requirements of the new health care reform law. Our coverage already included many of the required services. We are now proud to offer a range of new services to our members, including all preventive services rated A or B by the United States Preventive Services Task Force.

Added services include: counseling intervention, some new screening tests, and additional services related to previously covered screenings and vaccines.

For a complete listing of covered preventive services, please see your Certificate of Coverage or contact our Member Services team at 1-888-711-1444.



Preventive Services	Participating Providers	Non-Participating Providers
<b>Routine physical exams</b> (including pelvic exams, pap smears, and any related routine diagnostic services)	100% coverage, deductible waived	No benefits
<b>Well baby care</b> (including any related routine diagnostic services)	100% coverage, deductible waived	No benefits
<b>Routine immunizations</b> As recommended by the Advisory Committee on Immunization Practices. Immunizations for travel purposes are not covered.	100% coverage, deductible waived, no age limit	State mandated immunizations for children from birth to age 6 are subject to your deductible and coinsurance.
<b>Mammograms</b> Covered expenses include one routine screening exam per calendar year for covered persons age 40 and over. A routine screening mammogram is a specific procedure performed for detection of a clinically unrevealed disease. A diagnostic mammogram is a specific procedure performed when the covered person has a symptom or history of breast abnormality or cancer. Diagnostic mammograms are subject to the covered person's deductible and coinsurance.	100% coverage, deductible waived	100% coverage, deductible waived
<b>Screening colonoscopies/sigmoidoscopy/fecal occult blood testing</b> Covered expenses include one routine screening exam per calendar year for covered persons age 50 and over. A routine screening colonoscopy is a procedure performed for detection of a clinically unrevealed disease. A diagnostic colonoscopy is a procedure performed when the covered person has a symptom or history of colon abnormality, polyps, or cancer. Diagnostic colonoscopies are subject to the covered person's deductible and coinsurance.	100% coverage, deductible waived	No benefits

## Preventive Services cont'd

Preventive Services	Participating Providers	Non-Participating Providers
<b>Bone density test to screen for osteoporosis</b> Covered expenses include one routine screening exam per calendar year for covered persons age 65 and over	100% coverage, deductible waived	No benefits
<b>Routine eye examination including refractions</b> Covered expenses include one routine screening exam per calendar year	100% coverage, deductible waived	No benefits
<b>Routine hearing screening exam</b> Covered expenses include one routine screening exam per calendar year	100% coverage, deductible waived	No benefits
<b>Screening tests for lead exposure for dependent children under 6 years of age</b>	100% coverage, deductible waived	No benefits
<b>Abdominal aortic aneurysm screening</b> Covered expenses include one routine screening per lifetime for men age 65 and over	100% coverage, deductible waived	No benefits
<b>Pregnancy screenings including, but not limited to:</b> <ul style="list-style-type: none"> <li>• Hepatitis</li> <li>• Asymptomatic bacteriuria</li> <li>• Rh incompatibility</li> <li>• Syphilis</li> <li>• Iron deficiency anemia</li> <li>• Gonorrhea</li> <li>• Chlamydia</li> </ul>	100% coverage, deductible waived	No benefits
<b>Screening and intervention services (including counseling and education) for:</b> <ul style="list-style-type: none"> <li>• Genetic testing for breast and ovarian cancer</li> <li>• Breastfeeding</li> <li>• Aspirin use for the prevention of cardiovascular disease</li> <li>• Tobacco use and diseases caused by tobacco use</li> <li>• Alcohol use</li> </ul>	100% coverage, deductible waived	No benefits

The above preventive services are covered subject to the terms and conditions set forth in your Arise Health Plan Certificate of Coverage. Age appropriate screenings are set by the United States Preventive Services Task Force and are subject to change. For further questions, please contact Arise Health Plan Member Services at 1-888-711-1444.